



Resources for the Military Family

Fleet and Family Services

Phone: (904) 270-6600 ext 1701
1 Massey Ave. Jacksonville FL 32228

- New Parent Support Program
 - Newborn care classes at the Fleet and Family Support
 - In-home newborn care assistance and education
- Counseling: individual, group, grief and family counseling
 - Crisis intervention and ongoing therapy
- Sexual Assault Prevention and Response
- Financial counseling programs
- Exceptional Family Member Program coordinator
- Family Advocacy Program educator
 - Suicide, anger and stress management programs
- Job searching and interviewing support for adults and adolescents

Navy Marine Corps Relief Society

Phone: (904) 270-5418
Naval Station Mayport
Building 1
Massy Ave, Jacksonville FL 32228

- Offer emergency financial assistance
- Visiting nurse program
 - In-home lactation support
 - In-home baby weight checks

Breastfeeding Feeding Shop

Phone: 866-255-6779 Fax: 866-430-7882
344 Main Street Emmaus, PA 18049
TheBreastfeedingShop.com

- Benefits vary by insurer and plan. May cover electric breast pump for nursing moms.